

# Transforaminal Lumbar Interbody Fusion (TLIF)

Minimally Invasive Outpatient Spine Surgeon

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- A surgical procedure to make two or more bones in the spinal column (vertebrae) grow together (fuse) into one solid bone, relieving pressure on the nerves and spinal cord.
- You will lie on your stomach during the procedure.
- Small incisions will be made in your lower back with no muscle cutting.
- A tubular retractor will be placed.
- A laminectomy (removal of the bone spurs) and discectomy (removal of disc bulge) are performed to relieve pressure on the spinal cord.
- A small spacer is placed in the disc space and filled with bone graft. The spacer also helps with alignment.
- Screws and rods are placed in the back of the spine for support.

