

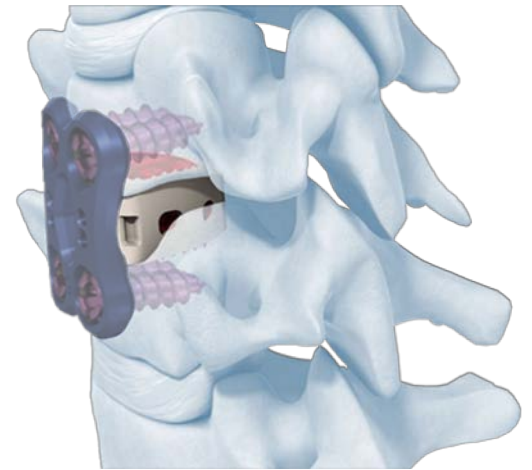
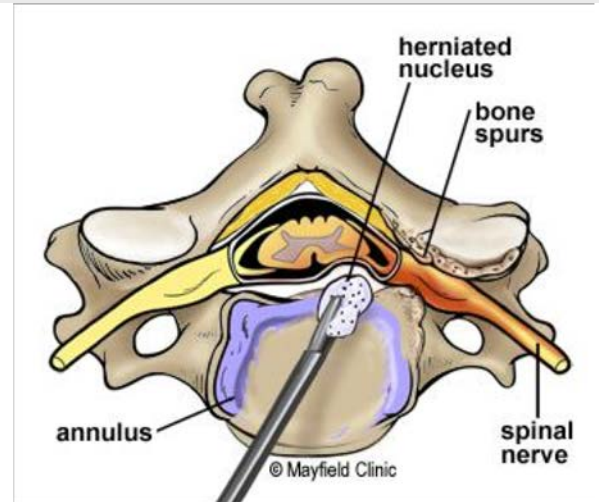
# Anterior Cervical Discectomy and Fusion (ACDF)

Minimally Invasive Outpatient Spine Surgeon

Kern Singh, MD

312-432-2373

- The disc is removed completely (discectomy) and stabilized.
- You will lie on your back during the procedure.
- A one-inch incision will be made in the front of your neck.
- The degenerated (worn out) disc will be removed along with any bone spurs.
- The disc space will be replaced with a small spacer that will be filled with bone graft.
- A small plate and screws will be used to secure the spacer into place.



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